





- Prayers for Christy for knee surgery on 23 November and recovery. Christy will then be on leave until end of January 2024
- ◆ PRESBYTERY OFFICE CHRISTMAS CLOSURE: Closing on Friday, 15th Dec at 1.30pm and re-opening Monday, 8th January 2024 at 8.30am
- ◆ Robyn will be on leave from 24 November to 10 December
- ◆ Garry is in Brisbane for the Presbytery Minister's PSI meeting & Placements

# May the Lord bless your day with His awesome presence and may He keep you in His tender loving care. Have a Beautiful Day

#### **Presbytery Office NEW**



#### **Postal Address**

PO Box 6071 Mackay MC Qld 4741

(07) 4068 8131

#### **Office Hours**

Mon Tues Wed & Frid 8.30am-1.30pm

#### **Executive Assistant**

**Ana Mila** (07) 4068 8131

office@ucacarpentaria.com.au

# Presbytery Minister Rural & Chairperson

Rev Garry Hardingham 0409 276 940 presminrural@ucacarpentaria.com.au

# Presbytery Minister Pastoral & Coastal

Rev Christy Allen 0418 184 834

presmincoastal@ucacarpentaria.com.au

#### **Presbytery Administrator**

**Robyn Cooley** 

0429 195 506

admin@ucacarpentaria.com.au

#### **Hospital Chaplains:**

#### Cairns:

Rev Shane Kammermann 0409 287 109

#### Townsville:

Rev Barry Cox 0408 415 816

## Carpentaria News...

#### **Easter Madness 2024 - Uprising**



#### **UnitingCare Prayer Points for November**

#### **StandBy Support**

- StandBy support is free, and accessible 24 hours a day, seven days a week. We can:
  - Arrange face-to-face or telephone support.
  - Help you understand and respond to your needs.
  - Provide information and referrals to other local organisations.
  - Run tailored workshops to meet community needs.

- → We support anyone who has been bereaved or impacted by suicide, including:
  - Individuals, families and friends.
  - Witnesses.
  - First responders and service providers.
  - Schools, workplaces and community groups.

[Anyone who has been impacted by suicide can access the service, regardless of when the person died by suicide or whether you knew the person who passed away.]

- Pray for the staff wisdom and guidance as they interact with clients to work through the issues raised. For safety for the Cairns staff, as they travel to people and communities in Central and Northern QLD.
- Pray for Clients that they may know God's love, comfort and healing as they work through this often confusing time.

Rev Christine Herman, Cairns Region Community Chaplain (UCA and UnitingCare QLD)

#### Mission Australia have several jobs available in the Cairns area

Mission Australia is a not for profit Christian organization that is inspired by Jesus Christ, to meet the human need and to spread the knowledge of the love of God. Please share with your congregation and contacts, this is an awesome opportunity to get Christians into these wonderful positions to support our community.

### <u>Snr Indigenous Mentor / Community Engagement - Cairns Job in Cairns, Cairns & Far North QLD - SEEK</u>

Bring your cultural awareness and community engagement experience to make a difference to our most vulnerable in the Cairns community.

#### Indigenous Mentor - Cairns Job in Cairns, Cairns & Far North QLD - SEEK

We currently have full time opportunities available to provide non-clinical, practical psychosocial support to people experiencing crisis.

#### Videos of Bible studies and speeches from Synod In Session

During the event and through our social media, there have been requests to share Bible studies and speeches from Synod In Session, in particular, the extraordinary lecture by Dr Stanley Grant.

#### Norman and Mary Millar Lecture - Dr Stanley Grant

#### **Bible Studies:**

- Ps Katie Iles Sunday Morning
- Ps Mandy Smith Monday Morning
- Dr Paul Jones Tuesday Morning

#### **Updates + Green Shoots:**

- Presbyteries 'Green Shoots' Update
- Plenty Update
- CYYAF 'Greenshoots'

#### Click this link for viewing and sharing from the Synod website

# Synod / Assembly / UnitingCare / UnitingWorld News...

#### UnitingWorld: Everything in Common - Gifts that fight poverty and build hope!



We invite you to support UnitingWorld's Everything in Common Campaign by hosting a stall at your church, school, carols night or markets. This is a great way to share the gifts of **hope**, **joy**, **peace and love** with our brothers and sisters in Asia, Africa and the Pacific. If you have not already ordered cards for your gift stall please click on the link below to do so.

#### https://donate.unitingworld.org.au/everythingincommon-sign-up

As an agency of the Uniting Church in Australia we are a channel for connecting Australian people to God's work in the wider world.

Jenny Guyatt, Donor Relations Co-ordinator (QLD based) **UnitingWorld** 

# Would you like to participate in the 17th Triennial Assembly of the Uniting Church in Australia?

As the Uniting Church in Australia approaches its 47th anniversary next year, we are contemplating the future of our church over the next 50 years, continuing our journey as a pilgrim people in service to God. The 17th Assembly meeting in 2024 will serve as a platform for prayerful reflection and discernment on these significant questions. We are extending an invitation to our members to join us in this important endeavour.

We particularly encourage members aged 30 and under to apply, as the Assembly gives priority to this age group. It's worth noting that the expenses associated with attending the Assembly, including the registration fee, travel, and accommodation, will be fully covered.

The theme for the Assembly, scheduled for July next year, is "Threads of Love: Weaving Christ's Love across Cultures and Boundaries." The event will occur at the Novotel Sydney Parramatta, starting at 3:00 PM on Thursday, July 11, and concluding at 1:00 PM on Tuesday, July 16, 2024.

If you're interested in participating, please <u>complete the nomination form</u> and submit it by 5:00 PM on Thursday, November 23, 2023, to <u>governance@ucagld.com.au</u>.

#### **Moderator's Disaster Relief Fund**

The Queensland Synod seeks to offer practical help as we face these challenges together. If you or members of your congregation or community are in need, please apply for the Queensland Synod's Disaster Relief fund. These funds can be used by congregations and/or Presbyteries to assist with any additional/extraordinary expenses incurred in responding to their community's needs following the recent disasters. The application form is a short one to make the process as simple as possible. If you have any questions, please contact Vanessa.Griffiths@ucaqld.com.au.

There are several other grants which individuals may be eligible for:

The Essential Services Safety and Reconnection Scheme (ESSRS) grant helps people who are uninsured or unable to claim insurance and who meet an income test by providing a contribution towards inspecting, repairing, and reconnecting essential services (i.e. electricity, gas, water, or sewerage) that were damaged by a disaster.

The Emergency Hardship Assistance (EHA) grant helps people affected by a disaster to get:

- Food, clothing, medical supplies, temporary accommodation
- They can apply for \$180 per person, up to \$900 for a family of 5 or more
- This grant isn't income or asset-tested

The Essential Household Contents Grant (EHCG) helps people who are uninsured or unable to claim insurance and who meet an income test by providing a contribution towards repairing or replacing essential household contents that have been damaged or lost in a disaster.

If you would like to lend a hand to support our Uniting Church local congregations as they help local communities, please consider a donation to the <u>Queensland Synod Disaster Relief Appeal</u>.

Lifeline has also set up a donations page to support funding of their crisis call lines.

The unpredictable nature of bushfires makes it essential for all Queenslanders to stay informed and prepared. For more information, please save this link: <a href="https://www.getready.qld.gov.au/alerts-and-warnings">https://www.getready.qld.gov.au/alerts-and-warnings</a>.

Rev Bruce Moore, Moderator, Queensland Synod

#### **Act2: In Response to God's Call**

The latest report <u>Act2: In Response to God's Call</u>, has now been widely received by the communities and councils across the Church. Since July 2023 we have been in a time of intensive discernment, unpacking the report and exploring future Directions and Options. This is a genuinely whole of Church process.

The discernment and lived experience of local Uniting Church communities is essential to helping us understand whether we are heading in the right direction. We encourage you to continue to support local communities to reflect on the **Directions** for local communities of faith and discipleship (found in Section 5 of the report). In addition we would also like to encourage you to engage the presbytery in responding to the **Options** (found in Section 6 of the report).

This email is to remind you that the deadline for responses is 30 November.

Now is the time to make sure that in the next two months there is adequate opportunity for your whole community to give concrete feedback about future directions for our Church.

The input we receive by 30 November will shape the proposals to go before the Assembly meeting in July 2024. As you prepare to make your response, please don't hesitate to reach out to our team. Find all the ways you can <u>contact us here</u>.

Andrew Johnson, Act2 Project Lead

#### **Respond to the Report**

<u>Act2: In Response to God's Call</u> emerges from our direct engagement across the Uniting Church between November 2022 and June 2023. Every person, council, committee and board in the Uniting Church is invited to respond to the insights in the report and the future directions and options put forward. Your community is invited to discuss specific questions and share your feedback in one of these ways:

- Use the online form (our preferred response tool)
- Email the response form to the team: <u>uca.act2@nat.uca.org.au</u>
- Mail the response form to: Act2 Project Unit, c/o Uniting Church Assembly, PO Box A2266, Sydney South, NSW 1235.

Responses are due 30 November 2023.

#### **Online Prayer Gathering Invitation**

We are excited to announce prayer gatherings will happen EVERY Tuesday! Tonight's prayer session will be guided by Rev Michael Hands from NewLife Church, who will lead the gathering from 7 PM to 8 PM.

• <u>To join us on Zoom, simply click the link here</u> (Save the link! It will work for each prayer gathering)

Next week, we will have the privilege of being led by Pastor Phil Smith of BELLS Community.

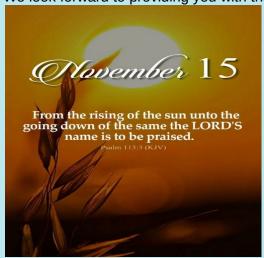
Our mission is to embark on a spiritual journey, seeking the rejuvenating embrace of God. This journey is not just for ourselves but also for the wider church community in Queensland and beyond. Your participation will be a valuable contribution to enriching our collective spiritual journey.

If you have any questions or need further information, please don't hesitate to contact Paul Wetzig at <a href="mailto:paul.wetzig@ucaqld.com.au">paul.wetzig@ucaqld.com.au</a>.

#### **Discipleship Framework Bible Study Guide**

This study guide has been crafted for the benefit of Church Councils and leadership teams to delve into the essence of discipleship and aid in the development of a tailored framework for nurturing lifelong discipleship within their specific settings.

Both digital and physical copies of this guide will be made available. Should you wish to secure a copy or seek further information, please do not hesitate to reach out to Paul Wetzig at <a href="mailto:paul.wetzig@ucaqld.com.au">paul.wetzig@ucaqld.com.au</a>. We look forward to providing you with this valuable resource.



# From The Word for Today...

#### Don't burn out

#### 'In returning and rest you shall be saved.' Isaiah 30:15 NKJV

Burnout is characterised by disengagement and stress by over-engagement. In burnout, your emotions become blunted; stress makes them over-reactive. Burnout causes emotional damage; stress primarily causes physical damage.

Burnout affects motivation and drive; stress affects your physical energy. Depression from burnout comes from a loss of hope and ideals; stress-related depression comes from your body's need to conserve energy and protect itself.

Burnout triggers helplessness and hopelessness; stress triggers urgency and hyperactivity. Burnout produces detachment; stress produces panic, phobias, and anxiety. Burnout may not kill you, but it makes life feel like it's not worth living. So, what's the answer?

God said, 'In returning and rest you shall be saved.' (Isaiah 30:15 NKJV) Author Bev Murrill writes: 'Those of us in ministry run on our own very 'important' treadmills. And as the leader goes, so go the followers. That's an awesome responsibility. Those of us whose role is to influence others need to be aware of what we say and do because we'll 'be judged more strictly' (see James 3:1).

We're all sick of influential Christians falling into behaviour that disempowers those who trusted their leaders ... Whether it be sexual sin, anger, self-righteousness, or dishonesty ... we need to examine ourselves instead of pointing and accusing.

Spend time with the One who has the capacity to strip us down to the bare bones of our heart's cry. It's easy to start believing your own publicity and taking the measurement of who you are from other people's opinions ... Only God's opinion counts, and that's hard to discern unless you take time to stop and let him tell you.'

(Reflection from vision.org.au website – The Word for Today reading, 15 November 2023) The Word for Today is authored by Bob and Debby Gass and published under licence from UCB International Copyright 2023)

